

COVID-19 PROTOCOLS FOR OFFICE VISITS

NOTE: If you are experiencing a fever, cough, sore throat, shortness of breath, have been to a COVID-19 impacted area, or have been in close contact with a person infected with COVID-19, please schedule your appointment for 14 days past the date of contact.

- I will be wearing a mask at the office. Please wear a mask in the common areas of the Center; you may remove it during your treatment with me.
- When you arrive for your appointment, you can wait in our reception area or, if you prefer, in your car. Call or text me at (919) 270-5868 to be sure I'm ready for you.
- Services available: are: [Lymphatic Massage](#), [Raindrop Technique](#), [Reiki](#), [Reflexology](#), [Bio-Kinesiology](#).